

# Cook Along with MEATLESS MONDAY NEEDHAM

Thurs, Feb 10, 6:00 - 7:30 on Zoom

## The Deal!

Create a delicious meatless main course

- ✓ Register for this FREE class
- ✓ Receive list of ingredients and other info
- ✓ Assemble the ingredients
- ✓ Join the Zoom class and cook along (or just watch)
- ✓ Enjoy your meal!



## The Dish!

**Tofu Meatball Korma**, adapted from a recipe from *Ottolenghi Flavor* cookbook. This dish features tofu, mushrooms, aromatics and Indian spices. Create this delicious meatless main course while learning cooking tips along the way.

## The (Cooking) Diva!

Jessica Weiss is an avid home cook and vegetarian cooking instructor. She loves trying new recipes and creating useful adaptations that are approachable for any home cook. See her creations on Instagram: @jhweiss1.



## The Details!



Register at QR code or this link:  
<https://bit.ly/cookalongMMN>

**Questions?** Email [info@meatlessmondayneedham.org](mailto:info@meatlessmondayneedham.org).  
**Take the Meatless Monday Needham Pledge** at [meatlessmondayneedham.org](http://meatlessmondayneedham.org).



**GREEN  
NEEDHAM**

